

SPEAK for Life

Success thru Personal Empowerment, Attitude, & Knowledge

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Live with Joy, Succeed with Ease

COACH PROFILE – LINDA TAN

- ☑ **Personal Empowerment Coach**
- ☑ **Singapore's First Everest Lady**
- ☑ **Fulfilled a 5-year Mount Everest dream**
- ☑ **Went against all odds to realize her Everest journey**
- ☑ **A testimonial of women's strength & that "dreams do come true"**



Linda is Singapore's first woman who attempted to scale Mount Everest – she successfully crossed the 8,000m mark on the world's highest peak, marking a significant moment in her 5-year Everest journey.

Linda started mountaineering as a student at the National University of Singapore. In 2003, she set Mount Everest as her goal, and dedicated 5 years to making this dream come true, with the support of her company, family and friends.

In 2008, after overcoming numerous physical, psychological and even political obstacles, Linda finally fulfilled her dream of standing on the world's highest mountain. Despite challenging circumstances on the mountain, Linda went for the summit push from the last camp at more than 8,000m above sea level. Eventually she made the responsible decision to turn back, at peace with it, as such is the nature of mountaineering.

Linda draws her strength from "Life's Great Journey: Life's 100 Great Quotes, Incorporating 100 of Life's Great Moments", a book whose spirit was instrumental in realizing her dream:

"If I shall have the belief that I can do it, I shall surely acquire the capacity to do it, even if I may not have it at the beginning." – Mahatma Gandhi

Since returning from Mount Everest, Linda has been invited to speak and share her experiences with working professionals and students at numerous events including: Great Eastern Annual Convention and Raffles Girls' School - International Convention for Youth Leaders.

Meanwhile, she is dedicating her time to her next Everest – Family, Love & Career.