

## **SPEAKER / TRAINER PROFILE – BENEDICT LIM**

- ☑ **Youth Speaking & Communication Skills Trainer**
- ☑ **Experienced facilitator of youth leadership camps**
- ☑ **Trained in Neuro-Linguistic Programming (NLP)**
- ☑ **Certified Hypnosis & Mentalist Practitioner (IM&MS)**
- ☑ **Specializes in facilitating Experiential Learning for Youths**



Benedict is a Youth Trainer who specializes in coaching youths in speaking, communication skills and leadership. He is trained in Neuro-Linguistic Programming (NLP) and is a certified Hypnosis & Mentalist Practitioner (IM&MS).

Benedict started his training career as a camp coach, working with youths of diverse backgrounds. From these experiences, he discovered and ignited his passion in empowering youths to enhance their personal development for academic and career success.

Being an initiator and known for his spontaneous personality, Benedict constantly seeks new ways to help youths make their first step into the unknown. Trained as a commando in the army, he knows from firsthand experience how intimidating and difficult it could be to step out of the comfort zone into the unknown.

Over the past 4 years, Benedict has conducted numerous leadership activities and been involved in many camps where he has coached hundreds of youths. His style of delivery is that of experiential learning, facilitating effective knowledge transfer and skills mastery through activities.

Standing at 1.91m, Benedict easily projects strong stage presence that just captures and engages his student audience. He takes a personal interest in empowering youths to discover their hidden potential, and has successfully coached students with age ranging from 7 – 18 years old.

Benedict also believes in serving the community. In the past 6 years, he has been volunteering his time and energy with the Rotaract Club, organizing various activities that benefit the underprivileged in the society.

In his free time, he works out in the gym and reads extensively in psychology and different areas of personal development.

***“Success starts with the first step into the unknown”***